

Te Tahī Youth

**Here for
young
people -
then, now,
always.**



We've spent the last 30 years walking alongside young people in Ōtautahi, championing their wellbeing, empowering their choices, and ensuring they can access the support they deserve.

For three decades, Te Tahī Youth has been dedicated to supporting young people in Ōtautahi with free, confidential, and wrap-around services. What began in 1995 as a youth-focused medical and sexual health clinic has grown into a comprehensive one-stop shop offering clinical care, mental health support, mentoring, and employment pathways for rangatahi aged 10–24.

Our purpose is simple: to ensure young people have access to the care, guidance, and opportunities they need to succeed. Every day, our team walks alongside rangatahi with respect, compassion, and belief in their potential, helping them navigate challenges, build confidence, and step towards a future they choose for themselves.

Our Service to Community

Te Tahī Youth supports rangatahi aged 10–24 across Ōtautahi, along with their whānau and wider community. We provide free, youth-centred medical, sexual, and mental health services, alongside mentoring, counselling, and employment support designed to help young people navigate life's challenges.

Our Clinical Services deliver accessible healthcare through our satellite clinic based at the Christchurch Youth Hub. This service ensure young people can receive timely, integrated medical and wellbeing support in environments tailored to their needs.

Our Youth Development and Employment Services provide wrap-around support that helps rangatahi build confidence, develop essential skills, and connect with education, training, and meaningful employment pathways. This includes one-on-one mentoring, goal planning, workshops, and partnership programmes delivered across our community.

Together, these services reflect our commitment to walking alongside young people, removing barriers to support, and empowering the next generation to shape their own futures.

He kōrero nā te tumuaki.

A message from our General Manager.

Tēnā koutou,

This past year has been one of change, challenge, and opportunity for Te Tahī Youth. As an organisation committed to walking alongside rangatahi and responding to their needs with care and agility, we have navigated a year that has tested us, shaped us, and reinforced the way we deliver services to young people across Ōtautahi.

One of the significant developments this year was the opportunity to establish our services at the new Christchurch Youth Hub. Since February, we have been delivering both mental health and employment support from this site. Being present in a space dedicated to young people gives us a foundation to expand our services and deepen our connections with rangatahi in the year ahead.

The year has also brought challenges. The unexpected withdrawal of the Oranga Tamariki Youth One Stop Shop (YOSS) contract created financial and operational impacts, prompting us to rethink how we deliver services and how we resource our work. At the same time, the current economic climate has made fundraising more competitive, particularly through trusts and grants, requiring us to be creative and proactive in building partnerships and securing support. We were fortunate to be selected as the charity partner for Miss Canterbury, with contestants raising funds for Te Tahī Youth, and we remain grateful to all our community and business supporters for standing with us.

In a positive turn, we were invited by the Ministry of Social Development to pilot an employment programme for jobseekers aged 18–24. This initiative allowed us to provide targeted support to young people while also sharing valuable insights with government about ways to increase youth employment engagement.

Through all of these changes, our staff have shown extraordinary resilience, compassion, and dedication. Despite the shifting landscape, they have continued to provide safe, welcoming, and life-changing support for rangatahi, ensuring that young people can access the care and guidance they need.

As we look ahead, our focus remains clear: to meet young people where they are, to walk alongside them with respect and care, and to continue building a service that adapts to a changing world while staying grounded in the values that define us.

Thank you for your continued belief in our work and your support of rangatahi across Ōtautahi.



Fiona Kay
General Manager, Te Tahī Youth

30 years of supporting young people in Ōtautahi.

Dr Lyndsey Dance, Te Tahi Youth Board Chair.

Kia ora,

This year has been one of reflection, celebration, and continued commitment to the young people of Ōtautahi. As Chair of the Board, I am honoured to witness the dedication, resilience, and impact of Te Tahi Youth, and to guide an organisation that has spent 30 years walking alongside rangatahi across our city. Thirty years of mahi, thirty years of dedication, and thirty years of learning through both wins and losses. This milestone is a testament to the strength and vision of everyone who has been part of our journey.

As with every year, there have been changes at Board level. We said goodbye to Paige Sullivan, who began her journey with us on the Youth Committee before moving into a full-time Board role, and we welcomed new members whose skills and expertise will help us navigate the opportunities and challenges ahead.

This year also brought exciting community partnerships. I was privileged to serve as a judge for Miss Canterbury, who selected Te Tahi Youth as their charity partner for 2025. Through this partnership, we raised over \$20,000, providing crucial support for the services that make such a tangible difference in the lives of rangatahi.

The stories of young people we support remain at the heart of why we do what we do. From health and wellbeing services to mentoring and employment pathways, each success reminds us of the importance of our work and the collective effort required to make it possible. The Board is proud to support an organisation that is responsive, compassionate, and committed to making lasting change.

Looking ahead, we remain focused on strengthening our governance, building meaningful partnerships, and ensuring that Te Tahi Youth continues to meet the needs of rangatahi in Christchurch. Our commitment to young people is unwavering, and we will continue to advocate for accessible, high-quality services that support them to succeed.

Thank you to our staff, supporters, donors, partners, and community members for standing alongside us. Your belief in our mission is what allows Te Tahi Youth to continue shaping futures, and together, we will continue this mahi for the next 30 years and beyond.

Ngā mihi nui,

Dr Lyndsey Dance
Board Chair, Te Tahi Youth



The year in numbers.

560

patients enrolled patients (clinical)

3,459

in person clinical appointments

103

supported by our social worker

48%

social service work covered mental health needs

32%

social service work navigated assistance with services (education health, justice etc.)

11%

social service work assisted with housing support (instability, unsafe living conditions etc.)

80%

rangatahi receiving Transition to Adulthood (OTA) support moved into stable accommodation

225

supported through therapy / counselling services

Clinical Services:

Supporting rangatahi health & independence.

Providing trusted clinical care while empowering rangatahi to take charge of their wellbeing.

This year, our clinical team has continued to adapt and grow, now operating primarily from our satellite clinic at the Christchurch Youth Hub, with occasional drop-in sessions at other locations. Being based at the Hub has allowed us to provide care in a dedicated space for young people, while continuing to adapt our services to best meet their needs.

Alongside this physical shift, we've refined the way our clinic operates. Our approach now encourages rangatahi to take greater accountability for their own health and wellbeing, helping them develop skills and habits that prepare them for real-life experiences and societal expectations. A key part of this has been the introduction of our DNA (Did Not Appear) policy, which has significantly reduced missed appointments and encouraged young people to call ahead when they are unable to attend, fostering a sense of responsibility and self-management.

Our nurses are also sharing their expertise across the wider community, providing specialised training such as medication administration in partnership with Oranga Tamariki. This work is helping our clinical team establish themselves as trusted health professionals and advocates for youth wellbeing in our city, deepening connections and strengthening our role in the community.

Through these initiatives, our Clinical Services are not just treating health needs, they are equipping rangatahi with the skills, knowledge, and confidence to navigate life, while remaining a safe and reliable place for care and support.

560
enrolled patients

3,459
in-person consultations

50%
nearly half of appointments
involved mental health support

Image: Our clinical team, always ready to swap scrubs for the latest trend.



From clinic to screen:

Supporting youth health in the digital world.

Our clinical team is stepping out of their comfort zones to connect with rangatahi in new ways, including expanding our presence on social media. We're sharing health and wellbeing tips online because we know that's where many young people are already spending time, and we want to make sure the information they see is accurate, relevant, and useful.

Why this matters: in Aotearoa, social media is deeply embedded in our young people's lives. Most 15- to 24-year-olds access social media daily, with platforms like Instagram, Snapchat, and TikTok among the most used. Given how much time rangatahi spend online, social media can shape their views on health, wellbeing, and lifestyle, for better or worse.

Since increasing our online activity, we've already seen a growth in engagement, a clear signal that young people want accessible, trustworthy content. By sharing straightforward health advice, tips, and support through social media, we're bridging the gap between clinic walls and daily life, helping rangatahi make informed choices about their health, build confidence, and feel supported even when they're not in our care.

Being present where rangatahi spend their time online allows us to offer a supportive voice in the digital spaces they move through. By providing accurate, accessible, and trustworthy information, we help young people make informed choices about their health and wellbeing, build confidence, and feel supported even when they're not physically in our care.

Employment services:

Guiding rangatahi toward work and opportunity.

This year, our Employment Team has continued to provide vital support to rangatahi, helping them navigate pathways into education, training, and employment. Over the year, hundreds of young people engaged with our services, attending workshops, training sessions, and development activities designed to build skills, confidence, and readiness for the workforce.

A highlight for 2025 was the Employment Coaching Pilot Programme, funded through one-off support from the Ministry of Social Development. The pilot enabled us to engage three additional fixed-term staff to work with young people who had been receiving Jobseeker Support for 12 months or more. Through personalised coaching, practical workshops, and guided work experience, the programme provided critical support to rangatahi, helping them gain the skills, confidence, and encouragement to take the next steps toward employment.

Alongside the pilot, our team continued to deliver a wide range of workshops and training, including driver licencing, first aid, interview preparation, workplace visits, and CV writing. To make support even more accessible, we introduced the Employment Help Desk, a drop-in service running twice weekly across both The Loft and the Christchurch Youth Hub. This initiative allows young people to access guidance and assistance in a flexible, approachable way, meeting them where they are and providing support when they need it most.

Through these programmes and initiatives, the Employment Team continues to empower rangatahi, helping them build practical skills, explore pathways, and take steps toward greater independence.

398

rangatahi referred to service

89

employment, education, & training outcomes achieved

1,084

development activities completed, including:

- 97 associated with driver licencing
- 89 first aid and other short courses
- 37 work experience placements
- 96 interview preparation sessions
- 29 workplace visits

Youth Health in Schools:

Health support in the heart of schools.

Our Youth Health in Schools team of five dedicated nurses continues to make healthcare more accessible for rangatahi by providing services directly within their school environment. This year, we expanded into two new schools, Papanui High and Pitau-Allenvale, bringing the total to nine schools across Ōtautahi and Selwyn.

The team offers a broad range of support including mental health, sexual health, general medical care, alcohol and drug intervention, and gender-affirming guidance. By meeting young people where they are, we reduce barriers to care and ensure timely, relevant support.

Alongside one-on-one appointments, our nurses have delivered sexual health and wellbeing workshops, supported school career days and health expos, and developed new health promotion materials to help rangatahi identify illnesses and increase awareness. Resources in development for 2026, based on rangatahi feedback, include safe sex and period kits, with First Aid workshops also planned for next year.

3,060

total appointments

1,052

mental health appointments

1,631

young people seen

317

drug & alcohol appointments

1,223

sexual health appointments

9

operating in 9 Ōtautahi

Youth Coaching:

Building confidence, skills, & lasting impact.

In this field, change is constant - contracts come and go, but the impact of the mahi lasts.

This year, the Ministry of Youth Development made the decision not to continue funding the Ākonga contract that our three amazing Youth Coaches, BJ, Elise, and Michelle, had been delivering.

The programme has been truly life-changing for many rangatahi. With the guidance and support of our Youth Coaches, young people have grown in confidence, developed new skills, and re-engaged with school and training in ways that previously felt out of reach. Feedback from rangatahi, whānau, and teachers has been overwhelmingly positive, highlighting the tangible difference this mahi makes.

By the time the contract finished, **360 rangatahi had been supported**, an incredible achievement and a legacy that will continue to ripple through the lives of those young people.

We're proud to share that following the submission of a proposal to MSD for a new contract, we were successful. This has created redeployment opportunities for BJ and Elise, allowing them to continue their mahi for Te Tahī across new and existing contracts. Michelle has taken up a role with [name here], another tenant of the Youth Hub.

We extend our heartfelt thanks to BJ, Elise, and Michelle. Your dedication, care, and skill have left a lasting impact on the rangatahi you have supported.

Image: Youth Coaches Elise, Michelle, and BJ supporting rangatahi and making a lasting impact.



Youth Development:

Strengthening rangatahi through change.

This year, our Youth Development team has navigated a period of significant change, adapting to contract shifts and service adjustments while keeping young people at the centre of everything we do.

The success of our Youth Coaching programme was a highlight, even as its contract was not renewed. In response, the team secured a new youth work programme and redeployed staff, ensuring that disruption for rangatahi was minimised. Throughout these changes, the team has shown resilience, flexibility, and dedication, continuing to provide mentoring, transition support, and therapeutic services to young people navigating complex challenges.

Looking ahead to 2025/2026, the department anticipates further change, opportunities we are ready to embrace. Through it all, our commitment remains unchanged: to walk alongside rangatahi, support their growth, and provide consistent, life-changing guidance during times of transition.

173 rangatahi supported through youth work

193 rangatahi / ākonga supported through youth coaching

41 rangatahi supported through Transition to Adulthood (TTA)

Fundraising

Raising support, strengthening impact.

Building connections, partnerships, and opportunities to sustain our services.

The 2024–2025 year brought both challenges and exciting opportunities for fundraising at Te Tahi Youth. With a competitive funding landscape, our team focused on creating new ways to sustain services and support rangatahi across Ōtautahi.

We welcomed an additional part-time fundraiser, strengthening relationships with trusts and funders and helping open doors for new opportunities. Celebrating our 30th anniversary gave us the chance to reconnect with long-time supporters, engage new donors, and lay the foundations for our \$500,000 capital campaign to fit out our new premises - special mention to our partners at Wayne Francis Charitable Trust for their support.

We also explored new initiatives, including our first online shop and participation in Round the Bays, alongside inspiring grassroots fundraising from schools and community members. Long-standing partners, including Chemist Warehouse and Amtech Medical, continued to support our programmes, while being named Miss Canterbury's Charity of the Year helped raise \$24,000 and connect us with new supporters.

Even in a challenging environment, 2024–2025 showed the power of creativity, collaboration, and community. These efforts ensure we can continue providing vital services and standing alongside rangatahi as they build confidence and shape their futures.



Partnering for Rangatahi

Empowering young people through community generosity and creativity.

This year, Te Tahī Youth was honoured to be named the official charity partner for Miss Canterbury 2025. The partnership offered a unique opportunity to raise funds and awareness for the services that support rangatahi across Ōtautahi.

Each contestant embraced the challenge of fundraising for our organisation, creatively finding ways to engage their networks and communities. From raffles and social media campaigns to community events, the wahine demonstrated incredible commitment and ingenuity, putting their hearts into supporting the young people we work alongside every day.

Thanks to their efforts, the campaign raised over \$24,000, contributing directly to the programmes and services that help rangatahi navigate challenges, access essential health and wellbeing support, and build pathways to independence.

Being part of Miss Canterbury not only provided vital funds but also strengthened community connections and showcased the power of collaboration in supporting young people. The dedication and creativity of the contestants are a wonderful reminder of the positive impact that can be achieved when people come together for a shared cause.



Te Tahi Youth

Statement of financial performance.

For the year ended 30 June 2025.

Authorised by Smith + Jack Chartered Accountants.

Statement of Financial Performance.

for the year ended 30 June 2025

	Notes	2025	2024
Revenue			
Donation, Koha, Bequests & Other General Fundraising Activities		74,317	73,221
General Grants		86,080	170,982
Government Service Delivery Grants/Contracts		3,426,114	3,148,549
Interest, Dividends & Other Investment Revenue		15,397	15,465
Other Revenue		8,702	807
Total Revenue		3,610,610	3,409,024
Operating Expenses			
Total Other Expenses Related to Service Delivery		847,707	755,929
Total Grants and Donations Made		-	2,331
Total Other Expenses		33,753	27,239
Total Employee Remuneration & Other Related Expenses		2,891,254	2,630,890
Total Operating Expenses		3,772,713	3,416,388
Surplus/(Deficit) for the Year		(162,103)	(7,364)

Statement of Financial Performance.

for the year ended 30 June 2025

Annual Report 2025 | Page 15

tetahiyouth.org.nz

	Notes	30 Jun 2025	30 June 2024
Assets			
Current Assets			
Bank account and cash		344,850	400,588
Trade and Other Receivables		769,449	642,891
Total Current Assets		1,114,299	1,043,480
Non-Current Assets			
Property, Plant and Equipment		134,663	143,030
Investments		90,000	50,000
Total Non-Current Assets		1,338,962	1,236,509
Total Assets		1,338,692	1,236,509
Liabilities			
Current Liabilities			
Deferred Revenue		521,765	476,221
Creditors and accrued expenses		230,672	140,209
Employee Entitlements		209,474	80,925
Total Current Liabilities		961,911	697,356
Total Liabilities		961,911	697,356
Total Assets Less Liabilities (Net Assets)		377,051	539,153
Accumulated Funds			
Accumulated surpluses or (deficits)		377,051	539,153
Total Accumulated Funds		377,051	539,153

Statement of Financial Performance.

for the year ended 30 June 2025

	Notes	2025	2024
Cash Flows from Operating Activities			
Operating receipts			
Donation, koha, bequests and other general fundraising activities		74,450	73,342
General Grants		86,080	170,982
Government service delivery grants/contracts		3,573,318	2,807,225
Interest received		15,397	15,465
Operating Payments			
Employees remuneration & other relating costs		(2,7345,966)	(2,603,451)
Grants and donations made		-	(2,331)
Other expense relating to service delivery costs		(1,018,638)	(848,547)
Other expenses		(847)	-
GST		7,635	(78,4700)
Total Cash Flows from Operating Activities		2,429	(465,785)
Cash Flows from Other Activities			
Total Cash Flows from Other Activities		(58,168)	(70,304)
Total Cash Flows from Other Activities		(58,168)	(70,304)
Net Cash Flows		(55,739)	(536,089)
Cash Balances			
Cash and cash equivalents at beginning of period		400,588	936,677
Net change in cash for period		(55,739)	(536,089)
Cash and cash equivalent at end of period		344,850	400,588

Statement of Accounting Policies.

for the year ended 30 June 2025

Basis of Preparation

This performance report has been prepared in accordance with the XRB Tier 3 (NFP) Standard. The entity is eligible to apply this standard as it has no public accountability and its total annual expenses are under \$5,000,000. All transactions are reported on an accrual basis. The report has been prepared on the assumption that the entity will continue to operate as a going concern for the foreseeable future.

Revenue

Grants and donations are recognised as income on receipt except where the amount is significant and has a documented expectation attached to the funding. In such cases where the expectation has not yet been met the funds are recognised as a liability in deferred revenue.

Government funding is recognised as revenue as the contracted services are delivered, or in accordance with the specific terms of the service delivery agreement.

Goods and Services Tax (GST)

The entity is registered for GST. All amounts are stated exclusive of Goods and Services Tax (GST), except for accounts receivable and accounts payable, which are stated inclusive of GST.

Bank Accounts and Cash

Bank accounts and cash include bank and savings accounts, as well as term deposits with an original maturity of less than 90 days.

Income Tax

Te Tahi Youth Trust is wholly exempt from New Zealand income tax, having fully complied with all statutory requirements for this exemption.

Property, Plant & Equipment

Property, plant, and equipment are recognised at cost, less accumulated depreciation. Depreciation is calculated using rates that reflect the estimated useful life of each asset. Gains and losses on the disposal of fixed assets are included in the determination of the operating result for the year.

- Computer & Equipment: 25% - 67% Diminishing Value
- Leasehold Improvements: 10% - 25% Diminishing Value
- Medical Equipment: 10% - 40% Diminishing Value
- Office Equipment: 10% - 40% Diminishing Value
- Motor Vehicles: 30% - Diminishing Value

Changes in Accounting Policies

There have been no changes in accounting policies apart from the adoption of the updated Tier 3 (NFP) reporting framework for the year ended 30 June 2025. Policies have otherwise been applied on a consistent basis with those of the previous reporting period.

Accounting Basis

Te Tahi Youth Trust adopted the updated Tier 3 (NFP) reporting framework for the period ending 30 June 2025. As part of this change, certain line items have been reclassified in the comparative period to achieve clearer presentation under the new standard.

Notes to the Performance Report.

for the year ended 30 June 2025

Note 1: Property Plant and Equipment

2025

Asset Category	Opening Value	Purchases	Disposals	Depreciation	Closing Value
Computer Equipment	9,729.03	13,384.50	-	8,252.73	15,309.81
Leasehold Improvements	30,651.53	-	-	3,186.33	27,464.20
Medical Equipment	4,810.91	10,873.91	1,174.76	1,821.67	12,688.39
Motor Vehicles	12,906.17	-	-	3,871.53	9,034.32
Office Equipment	84,932.87	1,265.68	7,122.49	8,909.53	70,166.53
Total	143,030.51	25,524.09	8,297.25	26,042.11	134,663.25

2024

Computer Equipment	6,896.00	9,720.50	-	6,887.47	9,729.03
Leasehold Improvements	34,235.83	-	-	3,585.30	30,650.53
Medical Equipment	6,026.65	-	-	1,214.74	4,810.91
Motor Vehicles	18,437.39	-	-	5,531.22	12,906.17
Office Equipment	84,368.38	10,583.56	-	10,019.07	84,932.87
Total	149,964.25	20,340.06	-	27,238.80	143,029.51

Note 2: Deferred Revenue

Deferred revenue consists of income received in advance for contracted services. These services will be delivered over the period July 2025 to June 2026, and revenue will be recognised in line with service delivery during that period.

Funders	2025	2024
Lion Foundation	13,210	-
MSD - Employment Contract	212,899	161,720
MYD - Youth Coaches	150,000	150,000
OT - Transition Contract	75,147	66,461
OT - YOSS Contract	-	39,746
Youth Health in Schools (YHIS) Contracts	70,507	58,295
Total Funders	521,765	476,222

Note 3: Accumulated Funds

Accumulated Funds	2025	2024
Opening Balance Accumulated Funds	539,153	546,517
Current year surplus / (deficit)	(162,103)	(7,364)
Closing Balance Accumulated Funds	377,051	539,153

Note 4: Commitments

Current Commitments	2025	2024
Leases - Computer Hardware	15,942	25,487
Leases - Vehicles	32,737	25,380
Leases - Photocopiers	3,905	-
Rent	242,099	183,635
Total Current Commitments	294,683	234,502
Non Current Commitments	2025	2024
Leases - Computer Hardware	1,546	17,889
Leases - Vehicles	-	14,805
Leases - Photocopiers	17,395	-
Rent	-	-
Total Current Commitments	18,941	32,694

The rental of Unit 1, 25 Churchill Street was originally for a term of five years, expiring on 3 June 2024, with a right of renewal for a further two years. This agreement has been extended to 31 December 2025.

The rental of Unit 5, 25 Churchill Street was for a term of one year and four months, expiring on 24 June 2024. This agreement was first extended to 31 December 2024, and subsequently to 21 February 2025.

Computer and vehicle leases are held on three-year terms.

Note 5: Contingent liabilities

The Trust has no contingent Liabilities at 30 June 2025. (Prior year: Nil).

Note 6: Related Party Transactions

A Trustee is a Director of the company that rents property to Te Tahī Youth Board. This relates to the rental of Unit 5, 25 Churchill Street, which ended on 21 February 2025.

The total amount paid:

2025: \$50,000

2024: \$80,000

2023: \$33,333

Note 7: Events After Balance Date

There are no events subsequent to balance date which will impact the financial statements (2025: Nil).

Note 8: Ability to Continue Operating

Te Tahī Youth Trust is reliant on the periodic renewal of government contracts to support its ongoing operations. To strengthen sustainability, the Trust actively identifies gaps in local service delivery and works to diversify its range of services. This approach helps to secure additional funding streams and reduces reliance on any single contract. The Trustees are confident that the Trust will continue to operate as a going concern for the foreseeable future.



Te Tahī Youth

The Loft
Level 1, Eastgate Mall
20 Buckleys Road
Christchurch 8062

tetahiyouth.org.nz

© 2025 Te Tahī Youth.

